DATI PERSONALI / PERSONAL DATA

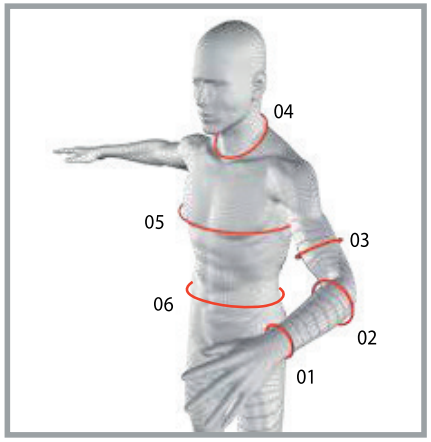
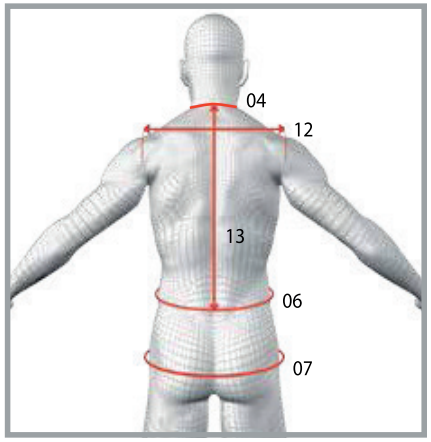
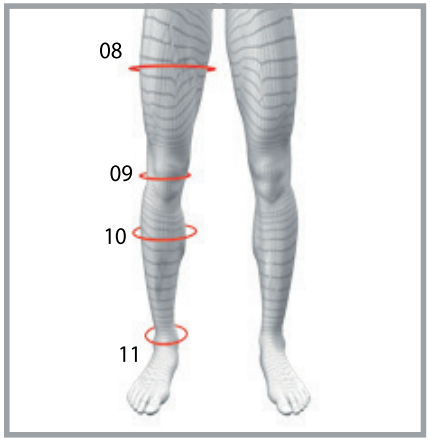
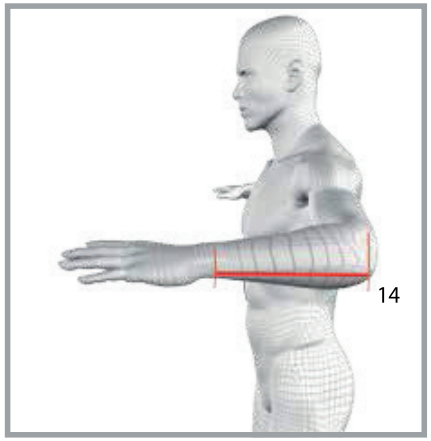
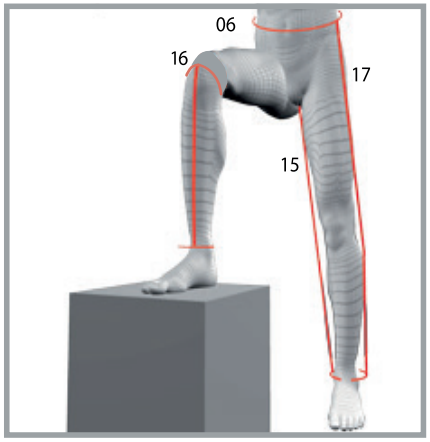
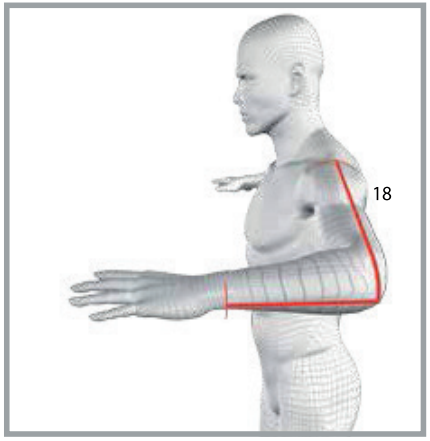
Nome/Name _____ Cognome/Surname _____

Via/Street _____ CAP/Zip Code _____ Città/City _____

Provincia/State _____ Telefono/Telephone _____

Fax _____ E-Mail _____

MISURE / MEASUREMENTS

01. CIRC. POLSO / wrist circ.	Cm
02. CIRC. AVAMBRACCIO / forearms circ.	Cm
03. CIRC. BRACCIO / biceps circ.	Cm
04. CIRC. COLLO / neck circ.	Cm
05. CIRC. TORACE / chest circ.	Cm
06. CIRC. VITA / waist circ.	Cm
07. CIRC. BACINO / hip-bottom circ.	Cm
08. CIRC. COSCIA / thigh circ. at 24 cm from knee point	Cm
09. CIRC. GINOCCHIO / knee circ.	Cm
10. CIRC. POLPACCIO / calf circ. at 18 cm from knee point	Cm
11. CIRC. CAVIGLIA / ankle circ.	Cm
12. LARGHEZZA SPALLE / shoulder widht	Cm
13. LUNG. DA BASE COLLO A VITA / neck to waist lenght	Cm
14. LUNG. DA GOMITO A POLSO / elbow to wrist lenght	Cm
15. LUNG. DA INGUINE A MALLEOLO (INTERNO GAMBA) / inside crotch to ankle lenght	Cm
16. LUNG. DA GINOCCHIO A CAVIGLIA / kneecent to ankle bone	Cm
17. LUNG. DA VITA A MALLEOLO (ESTERNO GAMBA) / outside waist to ankle bone	Cm
18. LUNG. DA SPALLA A POLSO (A GOMITO FLESSO) / shoulder to wrist lenght (90°)	Cm
19. ALTEZZA TOTALE / Height in Cm	Cm
20. PESO/WEIGHT IN KG / Weight in Kg	Kg

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